



NEWCASTLE NORTH PCN

National Social Prescribing Day Event

To celebrate National Social Prescribing Day, our Social Prescribing team will be visiting Talke Clinic on Wednesday 25th March 2026. Patients will have the opportunity to meet our Social Prescribers and learn more about the support and services available within the local community.

 **WHERE? TALKE CLINIC**

 **DATE: WEDNESDAY 25TH MARCH 2026**

 **TIME: 13:00 – 15:00**

WHAT IS SOCIAL PRESCRIBING?

Social Prescribing connects people with non-medical support that can help improve their health and wellbeing. Our Social Prescribers can listen to what matters to you and help link you to local services, groups, and activities that may support your needs.

HOW CAN WE HELP?

Our team can help connect you to support with things such as:

- Employment, training, and volunteering opportunities.
- Community groups and social activities.
- Health and wellbeing support.
- Lifestyle changes and staying active.
- Advice services and local organisations.



Save the date – we look forward to seeing you there!
Newcastle North Primary Care Network